

**Application period for the 2024 Valtti programme
open until 30th April: PARALYMPIA.FI**

Find a hobby with Valtti

In Valtti-programme a personal adapted physical activity instructor (PAPAI= Valtti) guides a child or young person with special needs aged 6-23 into a suitable physical hobby.

The PAPAI's are mainly students from the fields of physical education and rehabilitation.

The programme starts with a meeting to get to know each other and after that the PAPAI will arrange 4 activity try outs. PAPAI acts as a hobby friend and support person at the try outs.

The family will cover the expenses arising from participation fees of the hobby try outs, otherwise the programme is free of charge.

More information:
www.paralympia.fi



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· VALTTI**

Video: experiences of families

